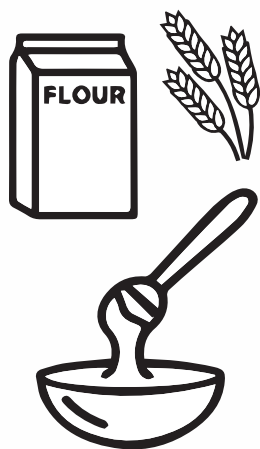




## DAY ONE



### Recipe

Joshua is the continued story of how God led His people into the promised land after Moses had passed away. This first chapter deals with the calling of Joshua to take over the army and continue to lead the people. The problem was that there were already people living in the land and God's people would have to fight their way in. As you read Chapter 1 take note of the times God tells Joshua to "be strong and courageous".

A fun idea would be to start your dinner time with a mystery food on your family's plates or blindfold family members and feed them a mystery item. Do not tell them what it is and see who is courageous enough to try it. You know your family best, so some kids may like a more unique, possibly gross item. Others may prefer something more ordinary. Have fun with it and tailor it to your own family dynamic.

Appetizer

If you choose to use the mystery food idea now would be a good time to implement it. Ask, when have you had to be courageous? If a time does not come to mind, then what situations would you be fearful to face? Be prepared to share a personal time as well.

Main Course

**Read Joshua chapter 1 aloud.** ←

Think about and discuss how big of a task this would have been for Joshua. Was he scared? Would the people listen to him? Could he win the battle?

Dessert

In these 18 verses we read the phrase "be strong and courageous" four times. Following God sometimes requires courage, but we see in verse five that God promised Joshua He would be with him and would not leave him. A promise we can take solace in when we obey God's calling.